Lake Macquarie Youth Strategy 2014 – 2019



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Acronyms

ABS Australian Bureau of Statistics

AIHW Australian Institute of Health & Welfare

C&RD LMCC Community & Recreation Development

CPYP LMCC Community Planner for Young People

GPT Major Shopping Centre located in Charlestown CBD

LGA Local Government Area

LMCC Lake Macquarie City Council

LMYAC Lake Macquarie Youth Advisory Committee

LS LMCC Leisure Services

NSW New South Wales

PCYC Police Citizen & Youth Club

R&LP LMCC Recreation & Land Planning

RTC Regional Transport Coordinator (Transport NSW)

TPD LMCC Traffic Planning Department

YDO Youth Development Officer

Introduction

Social and community planning is an integral part of the development and delivery of Council's Community Strategic Plan. Council's Social Plan and subsequent strategies / plans assist in the preparation and delivery of the Community Strategic Plan to address issues that are important for specified social / community groups. The role that community strategies / plans have in the delivery of the Community Strategic Plan therefore highlights the need for Council to have a separate strategy to address the needs of young people in the Lake Macquarie area.

Council's Social Plan 2009-2014 is a strategic document that identified key trends and important issues citywide, and in response to these, sets priorities, goals and actions (LMCC 2009). As an important compendium to Council's Social Plan, the Youth Strategy 2014-2019 specifically identifies and addresses the needs of young people and proposes strategies to address those needs and facilitate the delivery of outcomes in the community. The Youth Strategy 2014-2019 follows on from the 2007-2011 Youth Community Plan and seeks to achieve similar objectives of "identify projects, programs, and initiatives...in response to the identified needs and issues arising for young people in the community" (LMCC 2007, p5).

The Youth Strategy 2014-2019 will provide the basis for the delivery of initiatives that have grassroots significance and that address the needs of young people identified through the community consultation conducted as part of the development of the strategy. The Youth Strategy will be delivered in line with other Council plans and strategies through internal collaboration and external partnerships increasing the likelihood of achieving sustainable outcomes in the community for young people.

Profile of young people in Lake Macquarie

Lake Macquarie is the fourth largest Local Government Area (LGA) in New South Wales by population numbering approximately 189 006 people in 2011 (ABS 2012). NSW Department of Planning and Infrastructure estimates that the population of Lake Macquarie will grow to 202 300 by year 2016, and 219 600 by year 2031 by (NSW Government 2013). The city is located on the east coast of NSW, situated 160 km north of Sydney. The LGA is approximately 750 square kilometres of which 110 square kilometres is Lake Macquarie. The eastern side of the lake consists of more densely populated established urban centres, whereas the western side is comprise of dispersed communities, some of which are in semi-rural and isolated settings. The northern area of the LGA is a mix of older established more densely populated suburbs, new development areas and small townships. Significantly, Lake Macquarie has the second largest Aboriginal community in NSW (n=5594 or 3%) (ABS 2012).

Young people are defined by the Australian Institute of Health & Welfare people aged 12 years to 24 years old (AIHW 2007). As illustrated in Table 1, young People make up approximately 16% ($n=30\ 202$) of the population of the Lake Macquarie LGA (ABS 2012). As the Youth Strategy is a forward planning tool (i.e. five years from 2014 – 2019), the outcomes associated with the strategy will also impact children aged seven to eleven years, or an additional 6% of the population ($n=11\ 675$) (ibid). The Lake Macquarie Youth Strategy 2014 – 2019 will therefore effect the lives of approximately 41 877 young residents, or 22% of the area population over the five years of the strategies' implementation (see Table 1).

Cohort description	Population	Percentage of total population
Total population of Lake Macquarie LGA	189 006	100%
Children aged 0 to 6 years	15 974	8.6%
Children aged 7 years to 11 years	11 675	6%
Young people aged 12 years to 24 years	30 202	16%
Young people & children impacted by Youth Strategy (aged 7 – 24 years)	41 877	22%

(Table 1)

Strategic framework for development of the youth strategy

The Lake Macquarie Youth Strategy 2014 – 2019 has been developed within a strategic framework to ensure that the resultant strategy accords with relevant State, Regional and Local Government planning instruments. The objective is to ensure that the strategy identifies where linkages exist between the stated aims, priorities and planning intentions of Government for the Lake Macquarie area, the Hunter Region, and the State of New South Wales (Appendix 1). The three strategic documents consulted in the development of this strategy include the City of Lake Macquarie – Community Strategic Plan 2013 – 2023 *Our Shared Vision;* the NSW Government *Hunter Regional Action Plan;* and the NSW Government State Plan - *NSW 2021 – A Plan to Make NSW Number One.*

City of Lake Macquarie Community Strategic Plan 2013 - 2023

Integrated planning and reporting requirements for local governments require that strategic planning must address four community objectives which indicate wellbeing, called the 'quadruple bottom line' (i.e. Environment, Civic Leadership, Economic and Social – LMCC 2013, p20). The City of Lake Macquarie's Community Strategic Plan (CSP) addresses these wellbeing indicators as they relate to the social needs of the community through two key focus areas (i.e. Caring for our community [Section 4.2], and Sport, Recreation & Culture [Section 4.3] LMCC 2013a). Imbedded in these key focus areas are the community's aspirations relating to the social needs of young people.

Of specific interest for the development of the 2014 – 2019 Youth Strategy is the level of importance placed on *'youth services'* which is given a rank of third most important area of social need by the community (LMCC 2013a, p41). Similarly *'youth services & facilities'* is one of four areas identified by community as needing improvement (ibid, p42). Less specifically, but of relevance to young people, the CSP identifies the *'maintenance of community sporting and recreational needs'* as a key priority relating to meeting the social needs of the community (et al, p47).

These areas of key focus and the role LMCC plays in providing for the social needs of the community are further explored in the LMCC Delivery Program 2013-2017 (LMCC 2013b). This includes the determination of objectives, actions and performance measures relating to how Council will directly contribute to the achievement of key priorities of social need in the community. The objectives identified in the delivery program have been mapped against both State and Regional goals and priorities so that linkages with the Youth Strategy 2014-2019 can be demonstrated (Appendix 1).

NSW State Plan - NSW 2021

In September 2011 the NSW Government published the state plan, *NSW 2021 – A Plan to Make NSW Number 1.* The plan identifies thirty two goals for the achievement of the State Government's aim to "deliver the change the people of NSW have called for to rebuild our State and make NSW number one" (NSW Gov't 2011, p3). The document outlines what the Government intends to achieve including setting the priorities for funding, guiding decisions and focusing the day to day work of the public sector.

Although the goals within the document do not specifically address the social needs of young people, they do infer the responsibility of the State Government in areas that relate to young people identified in the targets and priority action areas of the plan (Appendix 1). It is these targets and priority action areas that are relevant to meeting the social needs of young people in the Lake Macquarie area. As the targets and priority action areas of NSW 2021 inform State Government's funding / resourcing program, they therefore need to be considered as part of local planning processes.

Hunter Regional Action Plan – NSW 2021

In 2012 the NSW Government published the NSW 2021 – Hunter Regional Action Plan (NSW Government 2012). The plan identifies areas of priority for action that align with the NSW State Plan – NSW 2021 with a focus on issues at a local level across the Hunter region.

As with the State Plan, the Hunter Regional Action Plan does not specifically identify the social needs of young people as the target of any action, but it is inevitable that action taken in the areas of priority listed will impact on young people (Appendix 1). Similarly, the priorities and actions identified in the regional plan identify areas of State Government responsibility and thereby potential resourcing opportunities.

Along with the Lake Macquarie Community Strategic Plan and the State Plan, the Hunter Regional Action Plan provides a strategic framework for community planning as it relates to the social needs of young people. Together with the findings of the consultation with community stakeholders and young people, these documents provide an important strategic framework and evidence base for the development of the Lake Macquarie Youth Strategy 2014 – 2019.

Community engagement and consultation process

To ensure a balanced and equitable approach to consulting with young people, youth service providers and interested community members, Council staff have undertaken a two stage community engagement and consultation process.

Stage one consultation with young people and community stakeholders involved collecting information from a range of stakeholders from across Lake Macquarie. These stakeholders were invited to contribute to the 2014-2019 Youth Strategy through a series of 'focus group' type meetings conducted by Council's Community Planner for Young People between January and June in 2013. At the meetings stakeholders were asked, "What do you think Council should be doing for young people of Lake Macquarie and how is this best achieved?" These consultations were conducted with a range of stakeholders including representatives of Belmont Neighbourhood Centre, CALM, Careerlinks, Eastlakes Youth Service, LMYAC, Morisset PCYC, St Mary's Primary School (Gateshead), Swansea High School, The Place – Charlestown Community Centre, West Lakes Youth Action Committee, Whitebridge High School.

The feedback received was collated (Appendix 2) and used to identify areas of importance (or themes) for further consultation with the community. The themes were rated according to the number of times it occurred in the feedback provided by stakeholders (i.e. Low - 1 instance, Medium - 2 instances, High - 3-5 instances, Very High - 6 instances or more). Due to the number of themes derived from stakeholder feedback (n=23) and the need to conduct a second round of consultation, it was decided that those which achieved a rating of very high and high (n=9) would progress to the second stage of consultation.

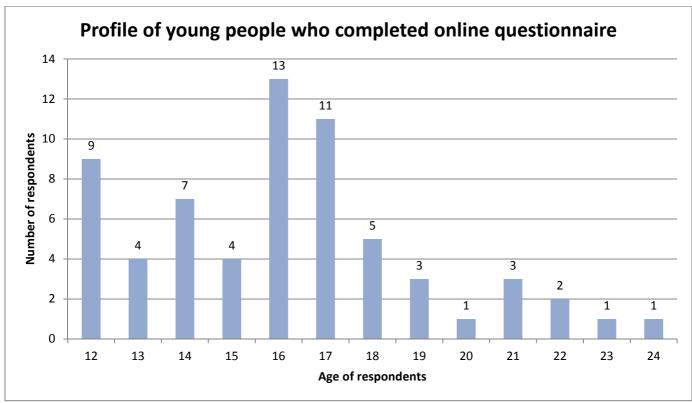
Themes derived from stage one of the consultation for the second stage included:

- 1) Increase the access for young people to 'spaces & places' which have been designed for and encourage use by young people.
- 2) Provision of youth friendly facilities and opportunities for young people to increase their engagement in cultural activities.
- 3) Increase access to health services, information and support across a range of emerging and urgent youth health issues.
- 4) Council to increase resources to support youth service sector.
- 5) Improve the role of the Lake Macquarie Youth Advisory Council and its communication processes as a focal point for youth consultation in the region.
- 6) Identify sources of financial support to young people and their families to increase access to local sport and exercise opportunities.
- 7) Increase the focus on helping young people to prevent / reduce their participation in criminal activity.
- 8) Investigate and enhance the accessibility of public transport options for young people around the Lake.
- 9) Improve the implementation of Council works to increase recreational opportunities for young people.

Stage two consultation with young people and community stakeholders was based on the nine themes identified from the first round of consultation. These were used to develop nine lines of questioning for three target groups; young people, community service sector (i.e. those who work with young people) and community members (i.e. those who care about young people). To achieve this, those nine lines of questioning were delivered through an online questionnaire to the three different groups and answered according to which group the participant identified with.

In order to enhance the collection of feedback from young people, staff conducted a series of face to face survey sessions at a range of locations across Lake Macquarie during the survey period. This involved staff attending 'youth friendly' locations and working with individual young people to complete the online questionnaire. This approach was adopted to ensure equity in the delivery of the survey, particularly for those identified as disadvantaged young people to ensure they were provided with an opportunity to contribute to the online survey process. Appendix 4 of this report includes the list of locations and number of face-to-face instances of support provided to young people to complete the online questionnaire.

The online survey was opened 16 December 2013 and closed on 17 January 2014. The questionnaire was commenced by one hundred and fifty four people (154) and completed by eighty three (83). Sixty four (i.e. 77%) of those who completed the questionnaire were young people aged between twelve and twenty four years old. As demonstrated by the following Graph 1 and Table 2, the age of the young people who completed the questionnaire was well spread across the age range with a possible bias towards those aged 16-17 years old.



(Graph 1)

Year of Birth	Age	Number	Percentage
1989	24	1	1.5%
1990	23	1	1.5%
1991	22	2	3%
1992	21	3	5%
1993	20	1	1.5%
1994	19	3	5%
1995	18	5	8%
1996	17	11	17%
1997	16	13	20%
1998	15	4	6%
1999	14	7	11%
2000	13	4	6%
2001	12	7	11%
2002	12*	2	3%

(Table 2)

^{*} Denotes young people who had turned 12 years old between 1 Jan – 17 Jan 2013

The nine themes derived from stage two of the community engagement process led to the development of four objectives which have been used to develop the strategic response outline in this report. These four objectives are:

- 1. Increase access to services for young people
- 2. Ensure that space, places and facilities are designed for, and encourage use by young people
- 3. Supporting existing service and facility providers to ensure they are responsive to the needs of young people
- 4. Ensure that young people have the opportunity to make a meaningful contribution to public life and decision-making processes

Each section of the strategic response that follows contains three elements. The first is a short summary of what the community has told us in response to the nine themes through stage two consultations as that feedback relates to each of the four objectives. A more detailed summary of feedback from community members against the nine themes has been included in Appendix 3 of this report. The second is a strategic plan for each objective which includes strategies, actions, timeframes for achievement and identifies who is responsible for delivery of each action. The third element is a summary list of intended outcomes as they relate to each objective in response to what the community has requested from Council through stages one and two of consultations.

It is important to state that the development of this strategic response takes into account the limited capacity and resources available to Council deliver services and facilities. To this end, the Youth Strategy 2014 – 2019 identifies where both internal collaboration and external partnership may exist to achieve stated outcomes. There are circumstances which might prevent the achievement of outcomes which are beyond the control of Council, but every effort will be made for the satisfactory completion of outcomes identified in this strategy.

Youth Strategy 2014 -2019

Objective 1: Increase access to services for young people

What the community told us

- ❖ Increase consultation with young people about what they want.
- ❖ Improve the promotion of services and programs available to young people.
- Support innovative partnerships and creative solutions to meet the social needs of young people.
- ❖ Promote healthy lifestyle options and opportunities in youth friendly and creative ways.
- ❖ Increase opportunities for young people to pursue and be involved in cultural activities.

Strategic response

Strategies	Actions	Timeframe	Responsibility
1.1 Ensure that existing	1.1.1 Develop a promotional tool for online and social media promotion of	1.1.1 Year One	1.1.1 LMCC CPYP /
opportunities for young people to	youth friendly and affordable services, facilities and activities.		YDO / LMYAC
engage with services, facilities		1.1.2 Year Two	
and activities for young people	1.1.2 Promote the online and social media tool to young people through		1.1.2 LMCC CPYP /
are well promoted.	schools, youth centres and other youth groups / programs.		YDO / LMYAC
1.3 Establish new and innovative	1.2.1 Work with Council's Cultural Events team and LMYAC to include	1.2.1 Year One	1.2.1 LMCC CPYP /
programs, activities and events	'youth friendly' aspects (i.e. low cost, accessible, arts/music/performing arts)	1.2.1 Teal Offe	LMYAC / LMCC
that address the social and health	as part of community events.	1.2.2 Year One	CARD
needs of young people and	, and part of the state of the		0
engage them in the cultural life of	1.2.2 Work with community based performing arts / theatre companies to	1.2.3 Year Two -	1.2.2 LMCC CPYP /
the community.	establish low cost and accessible performing arts programs in Lake	Five	LMYAC
	Macquarie.		
			1.2.3 LMCC CPYP /
	1.2.3 Young people have input into the location and design of a skate and		LMYAC / LMCC
	recreational facility in the Charlestown area.		RP&D

1.4 Identify and promote funding opportunities to increase the	1.3.1 Continue to deliver annual Youth Week Grants programs.	1.3.1 Annually	1.3.1 LMCC CPYP
variety and quality of service / programs for young people in the	1.3.2 Provide a budget allocation to run programs that address the social needs of young people.	1.3.2 Year One - Five	1.3.2 LMCC CPYP
area.	1.3.3 Support youth service providers and/or other community stakeholder to develop two sport / exercise events programs (e.g. program for young parents).	1.3.3 Year Two - Five	1.3.3 LMCC CPYP

Intended outcomes

- Increased understanding about the social and recreational needs of young people.
- Establishment and operation of a youth focused online information system using social media.
- Increase in the provision of accessible exercise and passive recreation opportunities in Lake Macquarie.
- Programs and activities are held to celebrate national youth week annually.

Objective 2: Ensure that spaces, places and facilities are designed for, and encourage use by young people

What the community told us

- Ensure that the 'youth friendliness' of both active and passive recreational spaces and places remains a priority for Council.
- ❖ Increase the variety, quality and quantity of spaces, places and activities for young people.
- ❖ Encourage the provision of low cost or free youth friendly recreational options for young people.
- Facilitate improved and affordable transport for young people including self-transport options.
- Ensure the input of young people into the design of publically accessible spaces and places.
- Support the improvement of the 'youth friendliness' of current services, facilities and programs.
- Provide new and improved facilities that are attractive to, and meet the social needs of young people.

Strategic response

Strategies	Actions	Timeframe	Responsibility
2.1 Improve the 'youth	2.1.1 Conduct meetings with management of GPT Charlestown	2.1.1 Year One - Five	2.1.1 LMCC CPYP
friendliness' of spaces, places	and where necessary other shopping centres to raise concern of		
and service systems accessed by young people and their families.	the community and provide support to improve the 'youth friendliness' of policies and procedures.	2.1.2 Year Two	2.1.2 LMCC CPYP / YDO
	· ·	2.1.3 Year Four	2.1.3 LMCC CPYP / YDO
	2.1.2 Ensure that the online promotional tool (see 1.1.1) identifies transport options for young people.		
	2.1.3 Develop and distribute information to local health professionals and allied health services about ways to improve the 'youth friendliness' of their services.		
2.2 Conduct regular consultation with young people to identify new	2.2.1 Work with the Lake Macquarie Youth Advisory Council to conduct ongoing consultation with young people about 'youth	2.2.1 Year One – Five	2.2.1 LMCC CPYP / LMYAC
and emerging opportunities for	friendly' spaces, places and recreational opportunities using social	2.2.2 Year Two – Five	
young people to engage	media and online tools.		2.2.2 LMCC CPYP

meaningfully with youth friendly spaces and places.	2.2.2 Conduct ongoing consultation with young people in order to assess the youth friendliness of services, facilities, recreational opportunities, transport options provided in the Lake Macquarie area.		
2.3 Ensure that existing opportunities for young people to engage with facilities for young people maintain a focus on affordability, accessibility and 'youth friendliness'.	 2.3.1 Consult with LMCC Leisure Services department to ensure that young people have the opportunity to have input into the design / upgrade of swimming centres and provide feedback about the affordability and accessibility of facilities for young people. 2.3.2 Young people have input into the location and design of a skate facility in the Windale area. 2.3.3 Implement a mechanism for seeking and capturing feedback from young people about improving safety and accessibility or 'youth friendliness' of Council facilities and services for young people. 2.3.4 Consult internally with relevant Council departments about the findings of consultation to improve the 'youth friendliness' of council facilities and programs, and new / innovative recreational options suggested by young people. 	2.3.1 Year One – Five 2.3.2 Year One 2.3.3 Year Two 2.3.4 Year Three	2.3.1 LMCC CPYP / LMCC LS / LMYAC 2.3.2 LMCC CPYP / LMCC RP&D 2.3.3 LMCC CPYP 2.3.4 LMCC CPYP / LMYAC

Intended outcomes

- Improved understanding of the passive recreational needs of young people in Lake Macquarie.
- Increase access to GPT Charlestown for young people through improving relationship between young people and centre management.
- Completion of design and construction of high quality skate and recreation facilities in Windale and Charlestown areas.
- Provide information to young people about affordable transport options across Lake Macquarie.

Objective 3: Supporting existing service and facility providers to ensure they are responsive to the needs of young people

What the community told us

- Increase support and resources to youth service sector.
- Improve the accessibility of health services for young people.
- ❖ Improve the cooperation and collaboration between youth service and education systems to improve outcomes for 'at risk' young people.
- ❖ Improve the accessibility of facilities, services and programs for young people, particularly those living in isolated areas.
- Increase the opportunity for young people to have input into youth service design and delivery.
- Conduct consultation with young people about improving transport systems and seek improvements in transport delivery systems.

Strategic response

Strategies	Actions	Timeframe	Responsibility
3.1 Improve response to issues of	3.1.1 Support initiatives that encourage partnership between	3.1.1 Year One - Five	3.1.1 LMCC CPYP
declining youth mental health and increasing dis-engagement of young people with school education.	education system and the youth service sector, specifically through annual youth week grants program. 3.1.2 Support prevention and early intervention initiatives targeting the health and wellbeing of young people.	3.1.2 Year One – Five 3.1.3 Year One – Five	3.1.2 LMCC CPYP / YDO 3.1.3 LMCC CPYP /
	3.1.3 Work with local stakeholders to establish a 'Headspace Program' located in Lake Macquarie.	3.1.4 Year Three	YDO / Headspace Newcastle
	3.1.4 Identify and support the delivery of early intervention programs targeting senior primary school aged children and junior high school aged young people to prevent dis-engagement with school and community.		3.1.4 LMCC CPYP / YDO / School Principals
3.2 Implement ongoing consultation with young people	3.2.1 Support youth service providers to ensure they are collecting feedback from young people about the accessibility and youth	3.2.1 Year One – Five	3.2.1 LMCC CPYP / YDO
about the relevance and	friendliness of their services and programs.	3.2.2 Year One - Five	

responsiveness of services and facilities in order to achieve improvements in the youth service	youth workers and people who are responsible for the management of	3.2.3 Year Two – Five	3.2.2 LMCC CPYP / YDO
system.	services and facilities relevant to the social needs of young people.	3.2.4 Year Two – Five	3.2.3 LMCC CPYP
	3.2.3 Collect feedback from young people about the performance of youth and community organisations to identify areas for improvement in the service and facility delivery.		3.2.4 LMCC CPYP
	3.2.4 Support youth service system and youth / community organisations to be more responsive to providing opportunities for young people to access facilities and spaces.		
3.3 Improve the linkages between	3.3.1 Liaise with relevant Council departments about transport	3.3.1 Year One	3.3.1 LMCC CPYP / LMCC TPD
modes of transport and reduce barriers to access for young	planning and infrastructure with regard to linkages between modes of transport and reducing barriers to access for young people.	3.3.2 Year Two	LIVICG TPD
people.			3.3.2 LMCC CPYP
	3.3.2 Collect feedback from young people about service design and performance and feed information back to transport NSW and transport companies responsible for service provision in the area.		

Intended outcomes

- That primary health services and allied health providers to improve the 'youth friendliness' of the health service system including the establishment of a 'Headspace' in Lake Macquarie.
- Improvement in the responsiveness of the youth service system to the identified needs of young people.
- Delivery of training and professional development opportunities for youth workers through the Lake Macquarie Youth Interagency.
- Improvement of collaboration and cooperation between the youth service and education systems to prevent dis-engagement of young people from school and community.
- Improvement in the provision and accessibility of transport options for young people.

Objective 4: Ensure that young people have the opportunity to make a meaningful contribution to public life and decision-making processes

What the community told us

- . Ensure young people are consulted as part of design and delivery of facilities, services and programs in the area.
- Improve the promotion of, and opportunity for the LMYAC to act as a focal point for youth consultation in Lake Macquarie.
- Provide increased support and mentoring opportunities for young people to be involved in public life.
- ❖ Educate community to improve access and equity for young people.

Strategic response

Strategies	Actions	Timeframe	Responsibility
4.1 Promote opportunities for young	4.1.1 Resource and support the operation of the Lake Macquarie Youth	4.1.1 Year One -	4.1.1 LMCC CPYP /
people to participate in making a	Advisory Council (LMYAC) to enable them to make a meaningful	Five	YDO / LMYAC
meaningful voluntary contribution to	contribution to the public life of Lake Macquarie.		
the public life of Lake Macquarie.		4.1.2 Year Two -	4.1.2 LMCC CPYP /
	4.1.2 Facilitate opportunity for LMYAC members to address two school communities each year about the youth council, its role and membership opportunities.	Five	LMYAC
4.2 Improve the profile of LMYAC as a focal point for youth consultation in	4.2.1 Revise LMYAC terms of reference with an emphasis on improving the participation and mentoring of young people on the Youth Council.	4.2.1 Year One	4.2.1 LMCC CPYP / YDO / LMYAC
the area and its role in local		4.2.2 Year One -	
government decision-making processes.	4.2.2 Ensure that the LMYAC is consulted regarding relevant major strategic planning documents as well as development applications that	Five	4.2.2 LMCC CPYP
	directly affect young people.	4.2.3 Year Two - Five	4.2.3 LMCC CPYP / LMYAC
	4.2.3 Establish opportunity for LMYAC to participate in online and social media consultation with young people about local issues.		
4.3 Ensure the acknowledgement of the contribution made by LMYAC on behalf of the young people of Lake	4.3.1 Support the LMYAC to provide Councillor briefings in relation to major programs / initiatives.	4.3.1 Year One - Five	4.3.1 LMCC CPYP / LMYAC
Macquarie.	4.3.2 Provide a budget allocation of \$3000 per annum for LMYAC to	4.3.2 Annually	4.3.2 LMCC CPYP

expend in the delivery of its role and purpose to be a voice for young people in Lake Macquarie.	

Intended outcomes

- Renewed focus of LMYAC on it's representational and consultative role on behalf of the young people of Lake Macquarie.
- Increased involvement of LMYAC in Council planning and delivery of facilities, services and events.
- Increase in the promotion of, and opportunity for young people to participate in cultural activities.

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Appendix 1: Strategic Planning Map re Needs of Young People in Lake Macquarie

Priority themes of community stakeholders and young people from Stage One Consultation	Relevant objectives developed from Stage Two Consultation	LMCC Community Strategic Plan – Delivery Program 2013 – 2017 Objectives	State Plan NSW 2021 – Goals, Targets & Priority Actions	NSW 2021 – Hunter Regional Action Plan
T1 Increase the access for young people to 'spaces & places' which have been designed for and encourage use by young people.	O1. Increase access to services for young people O2. Ensure that space, places and facilities are designed for, and encourage use by young people O3. Supporting existing service and facility providers to ensure they are responsive to the needs of young people	LM5 Through strategic asset management, ensure park and sport infrastructure service standards meet target community satisfaction levels LM6 Provide a beach lifeguard service		
T2 Provision of a youth friendly facilities and opportunities for young people to increase their engagement in cultural activities.	O1. Increase access to services for young people O2. Ensure that space, places and facilities are designed for, and encourage use by young people O3. Supporting existing service and facility providers to ensure they are responsive to the needs of young people	LM8 Work with identified groups and networks to provide a range of high quality community, cultural and sporting events and activities LM9 Community education for beach services		

Priority themes of community stakeholders and young people from Stage One Consultation	Relevant objectives developed from Stage Two Consultation	LMCC Community Strategic Plan – Delivery Program 2013 – 2017 Objectives	State Plan NSW 2021 – Goals, Targets & Priority Actions	NSW 2021 – Hunter Regional Action Plan
T3 Increase the access to health services, information and support across a range of emerging and urgent youth health issues.	O1. Increase access to services for young people O3. Supporting existing service and facility providers to ensure they are responsive to the needs of young people	LM3 Implement key priorities from Council's Youth Strategy	GOAL 11 - 'Keep people healthy and out of hospital' SP3 Reduce overweight and obesity rates. Reducing behaviours and lifestyle risk factors that lead to chronic diseases will improve wellness and illness prevention, and reduce the burden on the health system in the future. Target provided - reduce overweight and obesity rates of children and young people (5–16 years) to 21% by 2015. SP4 Improve outcomes in mental health. Increase the number of adults and adolescents with mental illness who are diverted from court into treatment.	Priority – Better support the most vulnerable members of our community / Action – Target health services for local Communities H5 Implement innovative service models that will focus on increased level of services to address gaps in mental health, drug and alcohol and disability, and enhance early intervention programs to increase access to mental health, drug and alcohol services.
T5 Improve the role of the Lake Macquarie Youth Advisory Council and its communication processes as a focal point for youth consultation in the region.	O2. Ensure that space, places and facilities are designed for, and encourage use by young people O4. Ensure that young people have the opportunity to make a meaningful contribution to public life and decision-making processes	LM10 Provide a wide range of opportunities for community consultation and stakeholder engagement LM11 Develop and maintain all available media streams to allow for targeted message delivery, as required LM12 Undertake efficient, effective, relevant and professional Council meetings that provide appropriate leadership to the community LM13 Actively engage and seek direction from the community and stakeholders on matters of importance, and effectively advocate on behalf of the City		

Priority themes of community stakeholders and young people from Stage One Consultation	Relevant objectives developed from Stage Two Consultation	LMCC Community Strategic Plan – Delivery Program 2013 – 2017 Objectives	State Plan NSW 2021 – Goals, Targets & Priority Actions	NSW 2021 – Hunter Regional Action Plan
T6 Identify sources of financial support to young people and their families to increase access to local sport and exercise opportunities.	O1. Increase access to services for young people O2. Ensure that space, places and facilities are designed for, and encourage use by young people O3. Supporting existing service and facility providers to ensure they are responsive to the needs of young people	LM7 Deliver international children's games in December 2014	GOAL 27 – 'Enhance cultural, creative, sporting and recreation opportunities' SP9 Increase participation in sport, recreational, arts and cultural activities in rural and regional NSW from 2010 to 2016 by 10%. Increase opportunities for children and young people to connect with other groups in their communities through sport	
T8 Investigate and enhance the accessibility of public transport options for young people around the Lake.	O1. Increase access to services for young people O2. Ensure that space, places and facilities are designed for, and encourage use by young people O3. Supporting existing service and facility providers to ensure they are responsive to the needs of young people	LM15 Provide and maintain transportation infrastructure that meets community needs LM16 Maximise the accessibility of public transport infrastructure		Priority – Invest in critical infrastructure and integrated transport / Action – Improve transport connectivity H3 Regional Transport Plans will be developed for each region of NSW. These plans will bedeveloped in consultation with local communities, local councils and key stakeholders.

Priority themes of community stakeholders and young people from Stage One Consultation	Relevant objectives developed from Stage Two Consultation	LMCC Community Strategic Plan – Delivery Program 2013 – 2017 Objectives	State Plan NSW 2021 – Goals, Targets & Priority Actions	NSW 2021 – Hunter Regional Action Plan
T9 Improve the implementation of Council works to increase recreational opportunities for young people.	O2. Ensure that space, places and facilities are designed for, and encourage use by young people O3. Supporting existing service and facility providers to ensure they are responsive to the needs of young people O4. Ensure that young people have the opportunity to make a meaningful contribution to public life and decision-making processes	LM4 Provide community-focused swimming centres that allow Council to offer a range of recreational activities and programs		

Appendix 2: Social Needs of Young People Consultation – Stage One

Participants were asked, "What do you think Council should be doing for young people of LM and how is this best achieved?" Where a similar theme was reported it has been grouped and received a rating from Low (1 instance), Medium (2 instances), High (3-5 instances), Very High (6 instances or more).

Themes and/or Strategies Recommended	Rating	Issue Summary Statement
More social opportunities and events for young people. Increase opportunities for young people to access locations where they can chill without harassment or accusations of loitering. Safe 'Youth Space' at night in Charlestown Area. Whilst there are many private spaces that engage young people this space is not considered youth designated and dedicated space. Youth Centres are only providing access once a week, more is needed. Open space for young people to hang out which is designated for young people 12 -24 years with their right and entitlement to socialise with others including sheltered outdoor space. Promote that young people have the right to socialise in recreational places. Not enough youth dedicated supported space - a dedicated supported space (e.g. at The Place) for young people will be expensive.	VH	Increase the access for young people to 'spaces / places' which have been designed for and encourage use by young people.
Youth Hangout Space for Music and Art, Dance similar set-up to the Loft. A built space would move the young people in the right direction to showcase the positive side of young people. Recording studio facilities made available through youth and/or community centres. Young people want ready made space and activities for them to engage in as apposed to them creating their own events and activities. Skate parks alone do not cater for the range of activities that young people want to engage in. Mobile cultural model to be implemented in Lake Macquarie including DJ Combi - with mixing desk and sound equipment. Mobile Youth Service Bus that can go City wide loaded with different activities cultural, musical or electronic resources and expertise. Loft type venue for young people to diminish late night street issues. Youth Culture showcasing / events - Local schools events to allow kids to showcase their culture e.g. traditional cooking, musical instruments, art, food, dance to other students. Lake Macquarie Loft Style Venue, possibly in Charlestown or Belmont Areas. Dedicated Youth Centre on the old School Site – Charlestown. Other activities such as art studio, music tutor, drama courses. Fun Nights or even afternoons with live music and other fun activities not be held on Thursday nights. More publicity/promotions of recreations options for young people e.g. website based information.	VH	Provision of a youth friendly/focused facility and/or opportunities for young people to increase their engagement in cultural activities.
More done to improve the self-esteem and wellbeing of young people to prevent suicide and self harm. Youth Suicide, Drugs OD and Motor Vehicle Accidents causing of grief among young people who don't know how to deal with grief. Mental Health is a struggle for students - understanding and acceptance. It is important for kids to teach kids about mental health. Youth specific health services needed. Drug and Alcohol related mental health effects. Promote that young people are valued, safe, connected, empowered and healthy mind & body. Synthetic Drugs usage and education. Healthy Eating forum / event. Driving Safety education including drug and alcohol issues and synthetic drugs.	VH	Increase the access to health services, information and support across a range of emerging and urgent youth health issues.

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Themes and/or Strategies Recommended	Rating	Issue Summary Statement
More direction and support of the youth sector by Council. More accountable to support youth sector/service cohesion. Some services not fully utilising funding that they have for young people. Improve support for homelessness focused services. Homelessness - Development resource Kit for awareness. Council communications with Human Services to establish relationships and collaboration. Provision of strategic plan and statistics for referral to support services applying for funding. Increase Council's commitment to young people – part time position is not enough.	Н	Council to increase resources to support youth service sector.
Improve utilisation LMYAC website for youth interaction & consultation. LMYAC to consult more widely through their networks and reporting. Peer education needed - students often switch off when adults or teachers do the talking.	Н	Increase the role of the Lake Macquarie Youth Advisory Council and its communication processes as a focal point for youth consultation in the region.
Young people and their families have restricted access to sporting opportunities because fees are unaffordable. Young people want to go to the gym but cannot afford the fees. Supported or subsidised funding to encourage young people to engage in youth activities.	Н	Identify sources of financial support to young people and their families to increase access to local sport and exercise opportunities.
Increase focus on early intervention approaches to prevent / discourage opportunistic crime by young people. Reduce crime issues through early intervention, assisting schools and providers by opening the door through career aspirations. Under aged drinking in Charlestown Southern Piazza. Mini Law Expo/Discussion Group about common crimes for young people and why young people take these risks.	H	Increase the focus on early intervention and education of young people to prevent / reduce their participation in criminal activity.
Young people being banned from GPT Charlestown - program working with Security to review their processes. Improve the working relationship between GPT Security and young workers / centres. Discussions with security GPT Charlestown around signage to set basic rules for youth to engage better at The Place. Charlestown Square to be more people friendly especially the south piazza and The Place community centre, more entertainment in Charlestown Square i.e. buskers and artists. Young people unlikely to access The Place youth programs because of perceptions about the type of young people who use the centre and lack on knowledge about programs.	H	Facilitate improve relationship and processes between young people and management / security of GPT Charlestown to improve the 'youth friendliness' of the centre.
Transportation to facilitate the movement of young people around the lake to get from East to West. Transport south of Swansea and down around to Wyee. Transport - advocating for increased support funding for youth transport services.	Н	Investigate and enhance the accessibility of public transport options for young people around the Lake.
Speed up the implementation of Morisset facilities for young people like The Bernie Goodwin Skate Park and Multipurpose Courts. Council assistance with Bicycle Education Program in Morisset area. Extension of the Fernleigh track from Belmont right through to Blacksmiths. Shared Pathway continued from Speers Point and Warners Bay right through to Croudace Bay and Valentine. Turn local pools into more 'waterpark' style venue like Lambton Pool with live entertainment and a more people friendly atmosphere. Develop Charlestown Skate Park. Fireworks, and more entertainment to celebrate new year's eve on the Lake Macquarie Foreshore.	Н	Support the timely implementation of Council works to increase recreational opportunities for young people.
Increase direct services for youth. Council to consider providing services / programs directly to young people.	М	Council to be more involved in direct service provision to young people.
Increase marketing and promotion of the good work that community groups are doing in linking together. Soft approach to educate the community that it's ok for young people to hang out.	M	Increase the general communities understanding and appreciation of young people and their social development.

Themes and/or Strategies Recommended	Rating	Issue Summary Statement
Focus youth service provision being outreach models rather than centre-based activities. Improve access for young people to Youth Support Services.	М	Encourage and support flexible and assertive approaches to youth service provision.
Improve Council's approach to Youth Week (i.e. better promotion, realistic timeframes, timely access to grants).	М	Improve Youth Week processes.
Creating partnerships for, and increase focus youth mentoring opportunities. Partnerships around mentorship with youth sector, industry and schools.	M	Encourage and support youth mentoring initiatives.
Increase efforts to address issues relating young people who are 'at risk'. Schools already identify at risk students. These students are usually involved in anti-social behaviours in the community.	M	Support improved responses to early intervention with young people identified as 'at risk'.
Identify career pathways and promote to schools. Information on what careers are possible at Council by marketing Council better. Careers – address perception of job prospects.	M	Support efforts to raise the profile and opportunity for young people to engage with career pathways.
Address issues around Graffiti and young people in Windale area. Truancy in Windale - low school attendance which means loitering.	M	Support and improve partnership between stakeholders to address social issues relating to the behaviour of young people in the Windale area.
Parents lacking of motivation to be involved and support their children. Greater support for young parents. Community Education around young parents support.	М	Promote and support initiatives which encourage positive parenting behaviour in the community.
Structured Weekly Programs for High School work readiness. Implement a review of Council's role re potential Primary to High School Transition Programs between Council's Families and Children Planner and Youth and Safety Planner (early intervention focus). Preparation and support for transition from Year 10 - Year 11.	M	Support schools with transition programs (e.g. primary to high school, education to career initiatives).
Increase focus on West and North Lake Macquarie, not on East Lake Macquarie.	L	Ensure an equitable focus on youth issues is maintained across Lake Macquarie.
Improve promotion of LMYAC to young people.	L	Improve promotion to young people of the opportunity to become involved in the LMYAC.
More cohesion between services (e.g. employment and service providers).	L	Support partnership and collaboration between service providers.

Appendix 3: Summary of responses from stage two of community engagement process relating to the nine themes identified through stage one consultations.

Nine Themes of Young People & Community Stakeholders from Stage One	Summary of Stakeholder Responses – 'What the community told us' (YP – Young People; YS – Youth Sector; CM – Community Member)
T1 Increase the access for young people to 'spaces & places' which have been designed for and encourage use by young people (VH).	YP1.1 Help improve relationship between young people and management / security of GPT Charlestown to improve the 'youth friendliness' of the centre. YP1.2 Maintain youth 'friendliness' of existing places and spaces (safe, protected, clean, appealing). YP1.3 Increase access and mobility for young people (cycleways, affordable transport options, locations). YP1.4 Promote and engage young people with existing places and spaces (social media, schools, community notice boards). YP1.5 Increase variety, quantity and quality of places and spaces (events, music/arts, free, open more often, pools, movies) YP1.6 Low cost and free youth friendly space and place options (events, activities, recreation, sport) YS1.1 Support meaningful engagement with spaces and places YS1.2 Promotion of, and access to existing spaces and places to improve (increase youth friendliness of design) CM1.1 Improve consultation with young people about what they want CM1.2 Encourage and support increase youth focus and opportunity to participate in community events and facilities
T2 Provision of a youth friendly facilities and opportunities for young people to increase their engagement in cultural activities (VH).	YP2.1 Improve promotion of existing facilities and opportunities to participate in cultural activities (social media, school promotions) YP2.2 Accessible and local opportunities to engage in cultural activities (areawide, affordability, transport, equity of provision) YP2.3 Support for specific need groups (free childcare, disability access) YP2.4 Increase range of activities and providers (arts/music/performing arts, concerts/festivals, new non-government providers, facilities) YP2.5 Volunteering opportunities promoted (work experience, mentoring, youth contribution) YS2.1 Recognition of current programs and promotion of youth participation YS2.2 Support innovative programming through non-traditional sources (schools, businesses) YS2.3 Increase coordination and collaboration between providers (gov't, non gov't and businesses) CM2.1 Promote the role of community to model and mentor young people's participation in cultural activities CM2.2 Increase opportunities for young people to be involved in cultural activities (online promotion, public transport)
T3 Increase the access to health services, information and support across a range of emerging and urgent youth health issues (VH).	YP3.1 Promotion of existing services and increasing their accessibility (increase youth friendliness of existing services, advertise / promote current services, transport, parents educated, social media) YP3.2 Target school communities with health promotion messages (schools, health clinics, service / issue promotions) YP3.3 Youth health service provision (up-skilling of generalist health professionals, accessible and local youth health services, Headspace in Lake Macquarie, confidentiality maintained) YP3.4 Community education and health promotion (health promotion campaigns re mental health, reduce stigma, encourage healthy lifestyles) YS3.1 Increase promotion and support access to existing health services (online, schools, youth services) YS3.2 Prevention of decline in youth mental health through education and early intervention CM3.1 Improve the affordability and accessibility of GP and allied health services for young people (transport, in school health lifestyle programs) CM3.2 Improve health promotion activities and the 'youth friendliness' of health services

Nine Themes of Young People & Community Stakeholders from Stage One	Summary of Stakeholder Responses – 'What the community told us' (YP – Young People; YS – Youth Sector; CM – Community Member)
T4 Council to increase resources to support youth service sector.	YP4.1 Support promotion of existing services / programs (social media, support promotional pathways, resources and training) YP4.2 Increase funding support to local youth service providers (Council grants, fund niche or gap activities / programs) YP4.3 Support initiatives that resource youth sector (fundraisers, assist with grant applications, lobby increase resources to area) YP4.4 Increase accessibility and youth 'friendliness' of service system (decentralisation of service providers, support increase in variety of programs / activities, reduce Council fees attracted for programs / activities on public facilities) YP4.5 Youth consultation to remain current (regular consultation, use range of consultation methods, raise and address contemporary issues) YS4.1 Increase grant / funding support of programs YS4.2 Assist with the promotion of current programs and encourage collaboration (target accessible locations) CM4.1 Increase the involvement of young people in the design and delivery of
T5 Improve the role of the Lake Macquarie Youth Advisory Council and its communication processes as a focal point for youth consultation in the region.	grants for youth programs (consultation with young people) YP5.1 Ongoing consultation with young people (social media, online surveys, school forums / feedback, community education and promotion) YP5.2 Increase LMYAC role in youth engagement and consultation (YAC members to consult within schools, outreach to youth centres, spaces/places where young people hang-out, online consultation) YP5.3 Mentoring and empowering young people to have their say (support and educate young people, provide opportunity for testimonials in schools, conduct targeted consultation) YP5.4 Community education about access and equity for young people (parents, youth workers, youth service management) YS5.1 Improve awareness of the YAC and acknowledgment of their contribution (increase diversity of membership) YS5.2 Improve contact of YAC with young people through community organisations and schools CM5.1 Improve representation opportunities and support of young people to
T6 Identify sources of financial support to young people and their families to increase access to local sport and exercise opportunities.	Participate in the LMYAC (school promotion) YP6.1 Promote opportunities to participate in sport and exercise (increase promotion of existing opportunities, social media, youth targeted messages, school promotions) YP6.2 Innovative and youth friendly opportunities (identify and promote youth focused initiatives, support participation by providing childcare, ensure local opportunities, Speers Pt Park activities) YP6.3 Low cost and accessibility of opportunities (transportation, decentralisation of programs / activities, grants and subsidies to cover registration costs) YP6.4 Improve existing facilities and identify new opportunities (local sporting field improvement, increase promotion new facilities, consult more broadly, remove barriers for young people to book facilities) YS6.1 Improve and simplify accessibility to facilities and programs for disadvantaged groups (health services, swimming pools, low-cost programs/activities) CM6.1 Remove affordability and other participation barriers for young people (transport access, low costs) CM6.2 Support the participation of young people in school sporting and exercise programs CM6.3 Improve the safety and comfort of Council swimming facilities for young people and their families (e.g. sun safety, water temperature)

Nine Themes of Young People & Community Stakeholders from Stage One	Summary of Stakeholder Responses – 'What the community told us' (YP – Young People; YS – Youth Sector; CM – Community Member)
T7 Increase the focus on helping young people to prevent / reduce their participation in criminal activity.	YP7.1 Social conditions (recognise environmental factors, identify disadvantage, provide mentoring, improve parenting) YP7.2 Increase programs targeting 'at risk' young people and reconnect them with community (increase youth friendly places and spaces, more activities for young people, up-skill youth workers, provide under 18 year venues) YP7.3 Harm reduction / crime prevention programs (school focus, skill development, diversionary programs, education by victims of crime, support PCYC / Police programs) YP7.4 Education and training of 'at risk' groups (alternative education pathways, re-engagement of 'at risk' young people, early intervention in schools, volunteering opportunities for 'at risk' young people) YP7.5 Peer education / promotion (testimonial to groups, legal education, forums / events, YAC members to act as mentors) YS7.1 Increase recreational opportunities for young people identified as 'at risk' YS7.2 Support the engagement and retention of children and young people in school system CM7.1 Increase promotion of recreational opportunities and alternatives for young people to young people CM7.2 Support the increase of education about social issues to young people in school
T8 Investigate and enhance the accessibility of public transport options for young people around the Lake.	YP8.1 Affordability of transport options (youth concessions, lower costs, subsidised travel) YP8.2 Improve accessibility of current transport services (increase area coverage, transport to where young people need it, increase night services, secure / safe / comfortable services) YP8.3 Professional services (driver behaviour and attitudes towards young people, up-skill drivers, education transport personnel) YP8.4 Enable self-transportation options (improve cycleways and pedestrian access, secure / safe level of lighting, improve linkages between locations) YP8.5 Innovative improve of transport systems (provide free wifi and power outlets, better interface between types of transport, shuttle buses to isolated locations) YS8.1 Encourage strategic location and re-location of youth services to transport accessible sites (consult with young people) YS8.2 Increase the affordability and appropriateness of transport options CM8.1 Consult with young people about effective transport solutions for young people (cycleways) CM8.2 Improve the affordability and security of public transport options
T9 Improve the implementation of Council works to increase recreational opportunities for young people.	YP9.1 Improve the altoration and security of public transport options YP9.1 Improve recreational opportunities (maintenance / beautification of amenities, more passive recreational spaces, plan youth targeted activities / facilities, low cost / accessible) YP9.2 Support new and innovative approaches to recreational opportunities for young people (performing arts, social spaces, library areas, free access to internet) YP9.3 Promote opportunities and improve awareness (social media, school promotions, promotional materials distributed) YP9.4 Transport and accessibility (transport linkages with facilities / places and spaces, childcare opportunities, affordable and low cost opportunities) YP9.5 Regular and ongoing consultation with young people (social media, online consultation, school forums, YAC involvement, parental engagement) YS9.1 Ongoing consultation with young people about opportunities of interest YS9.2 Encourage innovative / creative programs and events for young people (trial during school holidays) CM9.1 Improve consultation with young people about what recreational opportunities they prefer CM9.2 Improve promotion and accessibility of existing recreational facilities and opportunities for young people CM9.3 Encourage the growth of provision of non-sport recreational opportunities for young people (park facilities, arts programs)

Appendix 4: Record of stage two face-to-face consultations

Date/s	Time/s	Location	Questionnaires Completed	Information Provided
17/12/13	2:30pm- 3:30pm	Windale Youth Centre / Eastlake Youth Services	3	2
17/12/13	4:00pm- 5:00pm	Northlake Youth Centre / Northlake Youth Project	4	1
18/12/13	4:00pm- 5:00pm	Study Space Program / The Place, Charlestown	8	4
19/12/12	3:00pm- 4:00pm	Southlake Youth Centre / Southlakes Community Services	7	3
19/12/13	6:00pm- 7:00pm	The Place, Charlestown / Eastlake Youth Services	5	6
20/12/13	1:00pm- 2:30pm	Young Mother's Group / The Place, Charlestown	5	4
21/12/13	6:30pm- 9:00pm	LMCC Christmas Movie Event / Speers Point Park	6	12
9/1/14	2:00pm- 4:00pm	Charlestown Swimming Centre	-	4
14/1/14	2:30pm- 4:00pm	Charlestown Swimming Centre	-	6
15/1/14	1:30pm- 3:30pm	West Wallsend Swimming Centre	2	4
16/1/14	3:30pm- 5:00pm	Swansea Swimming Centre	6	8
17/1/14	2:00pm- 4:00pm	Speers Point Swimming Centre	8	4