

Managing waste with a medical condition



MEDICAL WASTE

Home dialysis waste and ostomy appliance waste must be disposed of to landfill. Where possible you should empty, drain, and flush all material before wrapping it securely and placing into your garbage bin. This includes:

- Outer plastic envelopes
- Peritoneal dialysis bags and tubing sets
- Haemodialysis concentrate containers and cartridges
- Bagged and saline flushed haemodialysis dialyser and bloodlines
- Empty, clean ostomy appliances
- Ostomy products including pouches and barriers

Clean cardboard packaging can go into your recycling bin.

MEDICINES

Empty medicine packaging, including tablet blister packs, cardboard packaging, glass and plastic bottles and jars can all be disposed of in your recycling bin. Any unwanted medicines can be returned to the pharmacy.

INCONTINENCE AIDS

Tips to minimise odours:

- Store your garbage bin in the shade
- Make sure the lid can close properly and the bin has no cracks or splits
- Wrap the incontinence aid tightly into itself
- Put it into a bag, removing air, and tie the bag

Scented bags and odour neutralisers may help minimise smells.

SYRINGES/SHARPS

Sharps must not be put into any of your three bins or flushed down toilets or drains.

Sharps waste can be disposed of at some chemists and pharmacies in Lake Macquarie and at 24-hour drop-off facilities at:

- Belmont Hospital, 560 Croudace Bay Road
- Toronto Polyclinic, 6 James Street
- Bolton Point Salvation Army, Corner Bay Road and Tirabeenba Place

Other locations for safe sharps disposal are listed at safesharps.org.au

Always use a strong, puncture proof container to collect your sharps. Medical sharps containers can be purchased from selected pharmacies and Council's Customer Service Centre.

NEED MORE HELP?

Individuals that generate large volumes of waste due to an ongoing medical condition that cannot be managed using the standard kerbside waste collection service can apply for additional support. Eligible residents may be donated additional garbage collection services and/or an upsized 360L recycling service.

Get in touch

We're here to help when you need us

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